



Our Lady of Perpetual Help Catholic Women's Guild

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February 2023

2022 Christmas Adopt-A-Family Report

Jo Ann Ramirez



Thanks to the generosity of our membership the Women's Guild collected \$5,850.00 for this year's project. The board agreed, with Fr. Danny's support, to trust the distribution of the funding to Mary Rogers with OLPH Religious Education. Therefore, \$5,850 in gift cards were purchased by the Guild and turned over to Mary Rogers to distribute to OLPH families in need. Mary, thank you for your endless commitment to serve the OLPH church community. The following is a thank you letter from Mary Rogers detailing the 2022 distribution.

Women's Guild Members & Friends -

We find ourselves at that contemplative time of year when many of us reflect on what we're grateful for and celebrate the people and parts of life that matter most to us. Because of your donations, the Adopt a Family Project this year provided gifts for 98 children. Fed 54 families: 167 adults, 98 children, totaling 265 people. It is organizations like yours that help keep our mission of feeding our community and providing a Christmas for children of less fortunate families.

This time of year, is difficult for many families. The tears of joy and the surprise on the faces of the recipients were overwhelming. We are grateful and thankful to you – for all the Guild members. It takes many people to support this vision and without them this event would not be possible.

*We are truly grateful,
Blessings,
Mary Rogers
Secretary Religious Education*

OLPH WOMEN'S GUILD MISSION STATEMENT

A group of united, inspired ladies dedicated to enriching the lives of others through spiritual, social and charitable activities in our parish and community guided by the Blessed Mother.

Women's Guild President

JoAnn Ramirez

Trusting God Through the Storm



Twenty Twenty-Three is off to a wet start in Southern California. Atmospheric rivers have soaked the region and drenched California, bringing mass flooding, thunderstorms, power outages, downed trees and mudslides.

These tiny beads of water that drop from the sky prompted me to think about my relationship with rain and the many references linked to rain. Rain nourishes our gardens; Christians believe God washes away our sins; and the fiction writer uses rain to evoke sadness. Whatever personal thoughts you embrace about rain, there is one constant that cannot be denied. *It is something we cannot control.*

One of my earliest recollections of my connection with rain can be traced to my 7th grade teacher Sister Mary Louise. It was a week of rain, wind, thunder and lightning. The lightning rattled the classroom windows and the occasional flickering of the lights left me scared and uncertain. Managing 50 fearful students on the verge of out-of-control behavior could not have been easy, however our teacher took the time to explain the following in a hushed tone: the rain and wind are nature's way of praising our Creator, and the thunder and lightning is a game of angels bowling in heaven. The lesson she revealed to us amid chaos was to trust our Creator.

As the years passed, I learned rain can bring massive destruction to Mother Earth and her inhabitants. Did I have to reevaluate my relationship with rain? A lack of control in life is hard no matter the situation. There is no denying when you experience something beyond your control it can be downright scary. Directions can shift radically, and you need to alter your normal. However, at the end of the day the lesson I learned 50 years ago still holds true. Once I embraced the rain, I accepted God as Creator; He is in control, not me. If we live in fear, we will not experience how uplifting it feels for us to lean on Jesus during uncertain times. We need to rely on Christ like the earth needs rain. Let us remember the wonder of God's mercies and faithfulness in the midst of uncertainty. Bask in His love for you.



Women's Guild Vice President

Lucy Solares



Thanks to all who attended "An evening with Father Boyle," he was terrific! The church was filled, and all were enlightened spiritually by his presentation. He focused on "the Kinship of God" and the changes it brings. It was amazing how he managed to deliver a serious topic yet was able to captivate the audience and made it a memorable evening.

A **BIG thank you** to all the volunteers, I truly appreciate the willingness of those who participated. It took several ministries to organize this event – a special thank you to the Adult Group, the Confirmation Teens and Teachers, the Filipino Community Group, the Ministerio Hispano and the Women's Guild.

Our next General Meeting is scheduled for Wednesday, February 15th at 10 am at the Knights of Columbus. Our speaker will be Dr. Zulmy Mancia, who will be discussing overall wellness and nutrition.

Save The Date:

April 12, 2023 - Annual Tea Party – more information to follow.

Happy Valentine's Day to all couples, families, and friends. Let us respond to the love that Jesus gave to us by pledging to love one another on February 14th and may this lead us into Lent on the 22nd.

Faith in fasting, hope in almsgiving, charity in prayer...



*Religious Education
Congress...*

You don't want to miss this.
There's Something for Everyone

February 24-26 at the Anaheim Convention Center

www.recongress.org

Our Lady of Perpetual Help

EXECUTIVE BOARD

President... Jo Ann Ramirez

Vice President... Lucy Solares

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Treasurer... Dianna Hampton

Corresponding Secretary...
Ruby Gaytan

Altar Chair... Margie Delgado

Ways and Means...
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Editor...Ruby Gaytan

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Linda Malme

Historian... Vicki Carnevale

CONTACT THE GUILD AT:

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Website:

womensguild.olphdowney.com

Altar Committee

Margie Delgado



Volunteers are always welcome to join our Altar committee as we clean our beautiful OLPH church, our faith home, and its sacred spaces.

Each week a group of parish and guild members gather to clean the sanctuary, chapel, holy water basins, confessionals and pews. By serving the Lord in this way, and answering His call to serve others, we help our parish community worship in a clean and safe environment. This is a wonderful way to give back to the Lord for all His blessings.

We gather in the church each Thursday morning at approximately 9 a.m. and our cleaning process takes about one hour. If you are interested in supporting our church and faith community in this way, please contact Margie Delgado, Altar Chair, at (562) 965-7291.

Financial Report for December 2022

Dianna Hampton

Beginning Balance: Dec. 1, 2022..... \$ 15,780.36

Deposits \$ 7,668.15

Expenses..... \$ 3,211.87

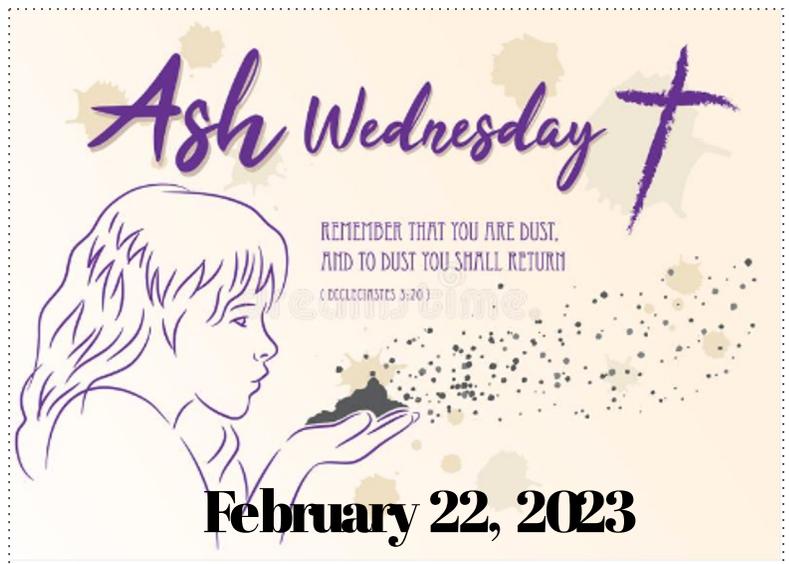
Ending Balance:

December 31, 2022..... \$ 20,237.14

February

- 1 **Norma Perez**
- 2 **Irma Martuccio**
- 3 **Claudette Fox**
- 4 **Estrella Pajon**
- 6 **Lulu Lara**
- 7 **Joan Freudenberger**
- 10 **Bette Lloyd**
- 14 **Imelda Lopez**
- 18 **Arminda Rooney**
- 19 **Lupe Silva**
- 20 **Joshua Beall**
- 22 **Greta Bowermaster**

happy
birthday
to you!



HOW TO PLANT YOUR GARDEN

First, you come to the garden alone, while the dew is still on the roses...

For The Garden Of Your Daily Living...

- Plant three rows of Peas: (1) Peace of mind, (2) Peace of heart, (3) Peace of soul.
- Plant four rows of squash: (1) squash gossip, (2) squash indifference, (3) squash grumbling, (4) squash selfishness.
- Plant four rows of lettuce: (1) lettuce be faithful, (2) lettuce be kind, (3) lettuce be patient, (4) lettuce really love one another.
- No garden is without turnips: (1) turnip for meetings, (2) turnip for service, (3) turnip to help one another.
- To conclude, our garden must have thyme: (1) thyme for God, (2) thyme for family, (3) thyme for friends, (4) thyme for each other.

Water freely with patience and cultivate with love. There is much fruit in your garden because you reap what you sow.



Our Lady of Perpetual Help Women's Guild

Membership

ROSE DOUGLAS

Happy Valentine's Day! May you be surrounded by love this month and always. As it is a month to celebrate all kinds of love, flowers are always a nice way to express your love to someone. Fresh Flowers Wholesale in Santa Fe Springs is open and is one of our Directory sponsors. All their info is in the yellow section of the Directory. And you can always treat yourself!

I will be Disbursement Chair this Spring. I will be responsible for sending out the applications to any ministry or non-profit community organization that would like to apply for a grant from the Guild. Last year we were able to issues grants to all who applied. If you know of an organization doing good works and would like me to send them an application, please let me know.

When you receive your new Directory, please look at your information and let me know if there are any errors. We have been careful to list your information as on this year's membership form. We did extensive proof reading, so we hope your information is correct. Keep your directory handy to stay in contact with your Guild sisters. Any corrections or new member information will be sent out in future Newsletters. All Friends of the Guild have been added to the directory for the first time.

Parliamentarian

Armida Lugo



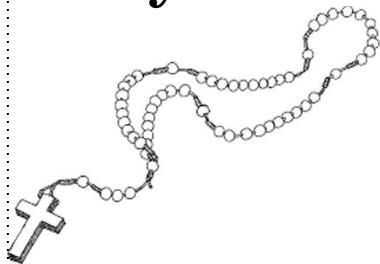
As Parliamentarian and Chairman of the Nominating Committee I wish to report that at the January 4th Board Meeting the following

Board Members volunteered and were voted and approved by the Executive Board and have been accepted as the Nominating Committee: Rose Douglas, Paula Mayfield and Armida Lugo, Parliamentarian. Our position now is to select a proposed slate of Officers for the upcoming year (2023-2024). Those positions are as follows: President, Vice-President, Recording Secretary, Corresponding Secretary, Treasurer, Altar, and Ways and Means.

Once the Nominees have been agreed upon by the Nominating Committee, a proposed Slate of Officers will be presented to our Guild Membership at the March General Meeting for ratification.

(for any reference to our by-laws please refer to Article VII in the Guild Handbook: Nominations and Elections)

Pray the Rosary with Us!



This is a ZOOM experience.

The rosary moderators ask that you dial into the meeting 5 minutes before the 6:00 pm start time so we can begin praying the rosary on time. We hope you will join us in prayer.

Username:
Password:
Time:





by Anna Bosdachin-Sevilla

As we begin this new year, we all have different goals and resolutions. In thinking about what to write to you that might be helpful, the words of St Teresa of Calcutta rang in my heart. In writing to her sisters, she said, "I worry that some of you still have not really met Jesus. One to one. You and him alone. Jesus wants me to tell you again, how much is the love He has for each one of you-beyond all that you can

imagine...We may spend time in chapel-but have you seen with the eyes of your soul how He looks at you with love? Do you really know the living Jesus - not from books, but from being with Him in your heart? Have you heard the loving words He speaks to you?...Never give up on this daily intimate contact with Jesus as a real living person-not just an idea. How can we last even one day living our life without hearing Jesus say 'I love you'? - impossible. Our soul needs that as much as the body needs to breathe the air."

These words ring true in my heart every time that I read them because ultimately our faith is about allowing ourselves to experience the life giving love of Jesus.

Some of you may have heard of the National Eucharistic Revival that the United States Conference of Catholic Bishops has called for the next few years. It began on Corpus Christi of this year and is a call to revive our faith and love of the Holy Eucharist, and to build a living relationship with Jesus Christ in the Holy Eucharist. Just as St Teresa was calling on her sisters to have an intimate relationship with Him, our bishops are now calling us to make ourselves available to experience the living Jesus in the Eucharist. To build up our faith and devotion to the living Jesus in the Eucharist, so that we may be "healed, converted, formed, unified by an encounter with Jesus in the Eucharist, and then sent out on a mission for the life of the world". It is a call to realize the truth that the Eucharist is "the Source and Summit of the Christian life" as was said in the Second Vatican Council.

As you go about making resolutions this new year, consider, how you can make time to experience the living Jesus in the Holy Eucharist. Some of you may be able to attend daily Mass and make a daily Holy Hour. For others, it may be more realistic to start small. Consider stopping at the church before or after work for five minutes. Commit to fifteen minutes of adoration weekly or attending an extra Mass once a weekday. Perhaps on your lunch break you have time to stop at the local parish for a few minutes. One friend said that as she takes her daily walk, she prays the rosary and unites her heart to the nearest Eucharistic chapel. Another option, while not ideal, is to live stream adoration of the Eucharist on Youtube. Personally, this has brought me a great amount of peace when I have not been able to get out of the house and enkindled my desire to go to adoration in person.

Perhaps the greatest achievement for this year is not something you will do or accomplish, but for you to make yourself available to experience the living God who is ready to reveal Himself to you and give you His life giving love.

For more information on the National Eucharistic Revival and how you can get involved please visit:
<https://eucharisticrevival.org/>

Catholic Women's Guild
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